

Welfare Committee Meeting 3

Agenda:

- International students - counselling in different languages
 - Mature students support
 - Mental Health resources
 - May Mental Health Month plays
 - Library wellbeing section
 - Cost of living
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- International students - counselling in different languages
 - Sajid to send questions to Somaya for questionnaire
 - Somaya, Isha and Sajid to finalise questionnaire
 - Sana meeting with Alison and Ravteg
 - Mature students support
 - Sana had a consultation with Michael, the Union Chairperson, and the term “mature” cannot be changed as it’s a word used by the Government
 - Mature Students Day held in January to promote services in person
 - Sana had a meeting with Advice to support in Mature Students Day
 - Committee to think of a date of when to do the event - Hafsah
 - Hafsah made a list of services that need to be promoted
 - Mental Health resources
 - Lily emailed Sana the resources, list of organisations to put on stickers
 - Sana to have meeting with Unite and SU Accom team
 - Student ID cards should have helplines written behind them
 - May Mental Health Month plays
 - Hafsah and Natalie (Wellbeing coordinator) to have a meeting
 - Library wellbeing section
 - Sana and Lily visited the space with Natalie and came up with ideas to make different wellbeing (time-out) sections in the library
 - Wellbeing sections in floor G, 1 and 2
 - Cost of living
 - Have more water dispensers in the University and library
 - Have more snack machines in the University and library